

### WEEK ONE

- 1.) What moments of the past month were especially memorable?
- 2.) What are you most looking forward to this month?
- 3.) Do you prefer the country or the city?
- 4.) What do you want to learn this month?
- 5.) Who is a mentor to you?
- 6.) Who could you mentor?
- 7.) Do you picture yourself living in the same home in five years?
- 8.) What material possession would you not want to give up?

### WEEK THREE

- 17.) What lesson do you hope that the next generation learns?
- 18.) Who makes up your "tribe"?
- 19.) If you had to lose one of your five senses, which would you choose?
- 20.) Do you prefer to be the center of attention or do you prefer to stay behind the scenes?
- 21.) What, if anything, do you consider to be too serious to joke about?
- 22.) How do you feel about your relationship with your immediate family?
- 23.) What are your top three values in life?

### WEEK TWO

- 9.) How would you spend your ideal day?
- 10.) Do you believe in a higher power?
- 11.) What is your favorite season of the year?
- 12.) What is your favorite holiday?
- 13.) If you were going to get a tattoo (or another tattoo if you're already inked) what would it be?
- 14.) What would you do if you found \$50 on the ground?
- 15.) What do you keep secret from the world?
- 16.) How many hours of sleep do you get at night? Is it enough?

### WEEK FOUR

- 24.) In what areas do you excel?
- 25.) How do you like to spend a rainy/snowy day?
- 26.) Are there any charities or causes that you regularly support?
- 27.) What are five things that you do very well?
- 28.) Do you have any strange or unique phobias?
- 29.) What do you feel is your best character trait?
- 30.) Are you a "make it happen" or a "go with the flow" kind of person?
- 31.) When was the last time you had a true heart to heart moment with someone special to you?

## 31 QUESTIONS FOR 31 DAYS



## AUGUST 2016